

# Child & Adolescent Mental Health Service (CAMHS)

## Child and Adolescent Mental Health Service (CAMHS)

CAMHS is a free community-based mental health service provided through SA Health's Women's and Children's Health Network. We provide mental health services to infants, children, adolescents and perinatal women and families. Services are provided across South Australia. See the next page for locations.

## Our Staff

CAMHS teams have a range of experienced professional and administrative staff which may include social workers, psychologists, nurses, psychiatrists, speech pathologists, Aboriginal consultants and occupational therapists.

## Our Goals

- To work in partnership with our clients, families and where appropriate, other agencies including:
  - those from Aboriginal and Torres Strait Islander and
  - Culturally and linguistically diverse (CALD) communities
  - as well as GP's and schools.
- To provide confidential therapeutic services for those who are having mental health related difficulties in emotional, behavioural and/or social areas of their lives.

## Our Services

Our services include family and individual therapy, group programs for children and for parents/carers, and information for parents/carers as well as other stakeholders working with the family.

We specialise in:

- **Emotional issues** – anxiety, fears or worries, feelings of sadness and depression, low self-worth, grief and loss, self-harming, suicidal thinking, mood changes, relationship difficulties, school refusal and/or abuse.
- **Behavioural issues** – aggression, destructiveness, disruptiveness and/or distractibility.
- **Social issues** – social withdrawal, family conflict, and social isolation and/or friendship problems.
- **Mental illness** – confused or delusional thinking and/or hallucinations.

The time to contact CAMHS is when the young person and/or their family have talked with close friends or relatives, or to the school counsellor, or to their local doctor and the situation doesn't seem to be improving.

## Our Referral Process

Anyone can ring to talk to the CAMHS duty worker about a referral to the service, for example the young person, parents, school counsellors, doctors, other agencies, professionals or community services.

Receiving a service from CAMHS is voluntary, and the young person will need to agree to the service being provided. In addition, if the young person is under 16 years of age, consent from the legal guardian is required prior to service provision.

## Privacy

Information about clients' rights and responsibilities, and about how we manage personal information, will be sent before the first appointment. If you have any questions about this information, about CAMHS and how we work, or any other things you want to know, you can ring the CAMHS worker you're booked in to see, or ask at the first appointment.



[www.ausgoal.gov.au/creative-commons](http://www.ausgoal.gov.au/creative-commons)



Government  
of South Australia

SA Health

## Community Based Services

Services listed below may also have outreach visiting services to other locations. Contact those below to find out if there is an outreach service closer to you.

### Elizabeth

#### Northern Regional Service

Suite 11 Sidney Chambers  
50 Elizabeth Way  
Elizabeth City Centre  
Elizabeth 5112  
Ph: 8252 0133 Fax: 8287 0308

### Morphett Vale

#### Onkaparinga Regional Service

Unit 3/209 Main South Road  
Morphett Vale 5162  
Ph: 8326 1234 Fax: 8326 3340

### Oaklands Park

#### Marion Regional Service

GP Plus Healthcare Centre  
10 Milham Street  
Oaklands Park 5046  
Ph: 7425 8600 Fax 7425 8275

### Paradise

#### Eastern Regional Service

5 Darley Road  
Paradise 5075  
Ph: 7321 4500 Fax: 8365 2221

### Port Adelaide

#### Western Regional Service

78-80 Dale Street  
Port Adelaide 501 5  
Ph: 8341 1222 Fax: 8341 2495

## Country Services

### Lower North Service

c/- Lower North Health Service  
Lennon Street Centre  
Unit 4/5 17 Lennon Street  
Clare 5453  
Toll Free: 1800 819 089  
Ph: 8632 5304 Fax: 8633 2489  
**Outreach Service to: Balaklava, Snowtown, Port Wakefield**

### Mt Gambier & Limestone Coast

2 Crouch Street North  
Mt Gambier 5290  
Ph: 08 87247055 Fax: 08 87232610

### Murray Bridge

78 Swanport Rd  
Murray Bridge 5283  
Ph: 8531 3901 Fax: 8531 3790

### Mt Barker

23 Victoria Crescent  
Mt Barker 5251  
Ph: 8391 3922 Fax: 8391 3304

### Port Augusta

c/- Port Augusta Community Health Service  
36 Flinders Terrace  
Port Augusta 5700  
Toll Free: 1800 819 089  
Ph: 8632 5304 Fax: 8633 2489  
**Outreach Service to: Quorn, Leigh Creek, Coober Pedy & Roxby Downs**

### Port Lincoln

c/- Port Lincoln Hospital (West Wing)  
Oxford Terrace  
Port Lincoln 5606  
Toll Free: 1800 819 089  
Ph: 8632 5304 Fax: 8633 2489  
**Outreach Service to: Cummins, Wudinna, Ceduna & Streaky Bay**

### Port Pirie

Country Services Regional Office  
Community Health Service  
Alexander Street  
PO Box 546  
Port Pirie 5540  
Toll Free: 1800 819 089  
Ph: 8632 5304 Fax: 8633 2489  
**Outreach Service to: Peterborough & Mid North Region**

### Riverland

Shop 4, Centre Point Mall  
12 Denny St  
Berri 5343  
Ph: 8582 4290 Fax: 8582 4295

### Southern Fleurieu

15 Victoria Street  
Victor Harbor 5211  
Ph: 8552 9874 Fax: 8552 8147

### Visiting Services:

Kangaroo Island – 8326 1234  
Aldinga – 8326 1234  
Seaford – 8326 1234

### Whyalla

c/- Allied Community Health Building  
Wood Terrace  
Whyalla 5600  
Toll Free: 1800 819 089  
Ph: 8632 5304 Fax: 8633 2489  
**Outreach Service to: Cleve, Cowell & Kimba**

### Yorke Peninsula

c/- Minlaton Community Health  
9 South Terrace  
Minlaton 5575  
Toll Free: 1800 819 089  
Ph: 8632 5304 Fax: 8633 2489  
**Outreach Service to: Kadina & Maitland**

## Specialist Services

### Enfield

**Adolescent Services Enfield Campus (ASEC)**  
and  
**Behavioural Intervention Service (BIS)**  
55 Watson Avenue  
Enfield 5085  
Ph: 8269 3844 Fax: 8344 8842

## Inpatient Services

### Boylan Ward (acute inpatient mental health service)

Women's & Children's Hospital  
72 King William Rd  
North Adelaide 5006  
Ph: 8161 6622 Fax: 8161 8069

### Helen Mayo House (perinatal mental health services)

Glenside Health Services  
226 Fullarton Road  
Glenside, 5063  
Ph: (08) 7087 1047 or 1800 18 22 32 (toll free) for country callers and ask for Helen Mayo House  
Fax: 7087 1060

### Dept of Psychological Medicine (inpatient consultations)

Women's & Children's Hospital  
72 King William Rd  
North Adelaide 5006  
Ph: 8161 7227 Fax: 8161 7032

### FMC Consultation & Liaison Service (inpatient consultations)

Flinders Medical Centre  
Block E, The Flats  
Flinders Drive  
Bedford Park 5042  
Ph: 8204 5412 Fax: 8204 5465

## For more information

### CAMHS

### Women's & Children's Health Network

Telephone: (08) 8161 7198

[www.wch.sa.gov.au/camhs](http://www.wch.sa.gov.au/camhs)

or contact your nearest team or discuss at referral

Non-English speaking: for information in languages other than English, call the interpreting and Translating Centre and ask them to call The Department of Health. This service is available at no cost to you, contact (08) 8226 1990.



[www.ausgoal.gov.au/creative-commons](http://www.ausgoal.gov.au/creative-commons)



Government  
of South Australia

SA Health