

Women's and Children's Hospital
Division of Mental Health

Country Services

**Strategic Plan
2003**

WCH Corporate Goal 1

Excellence in Health Care

Strategy 1.1	Country Services Action
Provide an appropriate range of clinical services for the women, children and families of South Australia.	1.1.1 Country CAMHS will continue to develop a broad range of services and programs for children, adolescents and their families, including group work with other stakeholders, community development and Clinical services.
Strategy 1.2	Country Services Action
Provide services for women and children which reflect best practice, are based on evidence and are designed with consumer consultation reflecting a partnership approach.	1.2.1 Partnership framework to be further developed through consultation at Youth Sector Network Forums and Youth Advisory Committees
Strategy 1.3	Country Services Action
Provide services which are integrated in approach and focussed on the women and children and families for whom they are designed.	1.3.1 Country CAMHS will continue to develop transitional pathways with Adult Mental Health (AMH) to ensure continuity of service

Strategy 1.4	Country Services Action
<p>Accept responsibility for the provision and/or coordination of tertiary health care for the women and children of South Australia</p>	<p>1.4.1 Participate in improving the referral processes (both ways) between Divisional Statewide Services (eg. Adolescent Services – Enfield Campus (ASEC), Hospital to Home Transition Team (HHTT), Behavioural Intervention Service (BIS), Boylan Ward and Helen Mayo House (HMH), and ensuring a negotiated follow-up plan is established.</p> <p>1.4.2 Country CAMHS will continue to provide psychiatric consultation to clients in the Northern Country Region.</p>
Strategy 1.5	Country Services Action
<p>Promote the WCH as a leader and primary provider in the delivery and coordination of public health services for women, children and families.</p>	<p>1.5.1 Facilitate two-way communication with GP's and Paediatricians using established proforma letters and participating in case conferences for consumers in Northern Country region</p> <p>1.5.2 Facilitate improved communication between Regional Hospitals and CAMHS through the development of procedures which guide the response to young people who present with suicidal ideation or behaviour</p>

**WCH Corporate Goal 2
Community Health Promotion and Well Being**

Strategy 2.1	Country Services Action
<p>Develop a culture within the WCH which reflects the organisation's strong commitment to health promotion.</p>	<ul style="list-style-type: none"> 2.1.1 contribute to Parent Newsletters through schools regarding positive mental health four times a year; 2.1.2 provide education sessions for community members and key stakeholders on mental health issues for young people; 2.1.3 collaborate with other agencies to plan innovative promotions for Mental Health Week in collaboration with other agencies; 2.1.4 develop further links with young people through schools and Youth Advisory Committees to promote the awareness of positive mental health. 2.1.5 promote the Headroom Website as a mental health promotion resource for young people, parents and professionals. 2.1.6 Continue coordinating the Working Against Youth Suicide Committee (WAYS).

Strategy 2.2	Country Services Action
<p>Improve the health of disadvantaged and at risk groups.</p>	<p>2.2.1 be proactive in working with the regional community in Port Augusta to develop a program for Aboriginal young people.</p> <p>2.2.2 To establish links with Indigenous workers at Point Pearce Aboriginal Community to provide a regular visiting service</p> <p>2.2.3 expand current partnerships with indigenous workers to include mental health promotion.</p> <p>2.2.4 Country Team will provide unit representation for Indigenous Services Working Party (ISWP) and Culturally and linguistically Diverse (CALD) Working Parties.</p> <p>2.2.5 Country will provide services in a range of locations more culturally appropriate for indigenous clients including Butlingara, Point Pearce and Tarpari</p> <p>2.2.6 Country Team will provide services to detained clients in community settings accessing interpreters and resources as appropriate.</p> <p>2.2.7 Country team will provide emergency initial consultations and ongoing support to adolescents and children who are in local hospitals.</p>
Strategy 2.3	Country Services Action
<p>Improve access to quality health information for consumers</p>	<p>2.3.1 Young people and staff to be involved in activities that improve the mental health literacy of the wider community</p> <p>2.3.2 Unit representation on consumers group</p>

WCH Corporate Goal 3 Education and Learning	
Strategy 3.1	Country Services Action
Develop an educational framework for all staff to support high quality clinical practice and health promotion across the WCH	<p>3.1.1 The Family Partnerships Team (FPT) coordinator in conjunction with the FPT Country representative will develop and coordinate a training program for all country staff to enhance clinical skills</p> <p>3.1.2 Country CAMHS will access Training and Development as a team at Clinical Meetings using internal and external trainers</p>

WCH Corporate Goal 5 Good Governance, Management and Accountability	
Strategy 5.4	Country Services Action
Develop a comprehensive communication system that encourages effective knowledge and information management	<p>5.4.1 Country Services will ensure effective communication with the broader Division, external stakeholders and consumers</p>

WCH Corporate Goal 6 Financial Viability	
Strategy 6.1	Country Services Action
Establish a resource management framework with integrated business planning at Divisional and Department level, which includes some component of variable funding to reflect planning and activity levels.	6.1.1 Country Services will ensure responsible and accountable financial practices