

Women's and Children's Hospital
Division of Mental Health

Department of Psychological Medicine (DPM)

**Strategic Plan
2003**

WCH Corporate Goal 1

Excellence in Health Care

Strategy 1.1	DPM Action
<p>Provide an appropriate range of clinical services for the women, children and families of South Australia.</p>	<ul style="list-style-type: none">1.1.1 Improved continuity of care for clients through improved communication with referrers and providing high quality liaison and consultation to referrers and multiple service providers.1.1.2 More effective integration of services provided to clients – Social Work, Physiotherapy, Speech Pathology, etc)1.1.3 Improved continuity of care between Emergency Department and DPM1.1.4 Improve quality of case notes to ensure good continuity of care between multiple service providers1.1.5 To improve liaison with Social Work department regarding management of families experiencing death or severe trauma1.1.6 Ensure DPM response time for urgent inpatient and outpatient referrals is within 24 hours

Strategy 1.2	DPM Action
<p>Provide services for women and children which reflect best practice, are based on evidence and are designed with consumer consultation reflecting a partnership approach.</p>	<p>1.2.1 Facilitate operation of the Sibling Project including: ensuring financial viability of project providing organisational and clinical support to Project Officer maximising availability of project within DPM and WCH</p>
Strategy 1.3	DPM Action
<p>Provide services which are integrated in approach and focussed on the women and children and families for whom they are designed</p>	<p>1.3.1 Develop communication and liaison links with Boylan, specifically regarding issues of responsibility for patients post-discharge or in emergency situations</p>

Strategy 1.4	DPM Action
<p>Accept responsibility for the provision and/or coordination of tertiary health care for the women and children of South Australia</p>	<p>1.4.1 Develop and implement a clear protocol for referral of and response to self harming patients presenting to emergency</p> <p>1.4.2 Allocate an appropriate clinical time for these patients; providing a family focus and intervention</p> <p>1.4.3 Liaise with community CAMHS re referral of self harming patients.</p> <p>1.4.4 Improve communication and liaison with community service providers regarding follow-up once patient is discharged from hospital</p> <p>1.4.5 Improve liaison with community CAMHS to ensure appropriate and timely referrals to community teams and back to DPM including :</p> <ul style="list-style-type: none"> • meeting with community directors to discuss issues • identification of trial strategies for improving liaison • participation in ongoing joint working parties on issues of common concern

WCH Corporate Goal 2

Community Health Promotion and Well Being

Strategy 2.2	DPM Action
Improve the health of disadvantaged and at risk groups	<p>2.2.1 Increasing awareness of hospital paediatric medical and nursing staff of the importance of psychological health and well being, via presentations in at least 6 hospital and/or community forums over the next 12 months by:</p> <ul style="list-style-type: none">• participation in orientation and training programs• participation in medical rounds, grand rounds, nursing forums and others as appropriate, giving the message that “feelings matter”• continued rotation of the Paediatric Registrar into areas within DPM• expanding opportunities for other Paediatric Registrars to participate in Outpatient services• clinical presentations• DPM workshops to hospital and community <p>2.2.2 Develop outreach services at The Parks Community Health Centre by :</p> <ul style="list-style-type: none">• liaison with Clare Shuttleworth, Director, The Parks Community Health Centre• identifying level of researching required for outreach service• allocating necessary staff and budget• implementation of outreach service and evaluation of the first 12 months

WCH Corporate Goal 3

Education and Learning

Strategy 3.1	DPM Action
<p>Develop an educational framework for all staff to support high quality clinical practice and health promotion across the WCH</p>	<p>3.1.1 Establishing focal groups to review available literature on current practice, recommend changes to practice and identify implementation process in key clinical areas:</p> <ul style="list-style-type: none">• deliberate self harm• adjustment to chronic illness• bereavement• somatisation• compliance <p>3.1.2 Identifying areas of clinical practice that requires improving and implement necessary changes through :</p> <ul style="list-style-type: none">• Identifying appropriate clinical indicators for DPM clients and interventions• Reviewing outcomes of the best practice focal groups• Implementing a performance appraisal system for all staff• Undertaking a survey of staff re areas they wish to develop further skills• <p>3.1.3 Developing high quality training programs in consultation with child and adolescent psychiatry, medical, child psychology and</p> <p>3.1.4 Participating in the education of staff beyond the hospital (teachers,</p>

	<p>community health, etc) to assist them in providing support and management of our client group</p> <p>3.1.5 Support student/trainee placements for psychologists, nurses and registrars Family Therapy students</p>
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WCH Corporate Goal 4

Leadership in Research

Strategy 4.1	DPM Action
Enhance the use of research resources by collaborating with universities and other external bodies	<p>4.1.1 Evaluate current services in collaboration with clients and other stakeholders</p> <p>4.1.2 Commission CAMHS computer division to develop a data base to suit the needs of the division, including our client group and research requirements</p> <p>4.1.3 Encourage student research</p> <p>4.1.4 Encourage evaluation of new and ongoing initiatives within the department, in the following areas:</p> <ul style="list-style-type: none">• somatisation• different therapies <p>4.1.5 To ensure regular networking and collaboration with the Research and Evaluation Unit in relation to research initiatives and training opportunities by :</p> <ul style="list-style-type: none">• attend RE seminars• consult with RE re DPM research initiatives <p>4.1.6 Establish a publication profile for DPM of at least 2 paper/year</p>

Strategy 4.2	DPM Action
Initiate strategic research efforts identified through clinical and public health research data	4.2.1 Identify gaps in research and opportunities for research within the department
Strategy 4.2	DPM Action
Develop and implement appropriate research findings to achieve evidence based and continuously improving services.	<p>4.2.1 All DPM interventions will be undertaken with explicit consideration of ethical guidelines</p> <p>4.2.2 Identifying a process for ethical exploration of the unpredicted – exactly what are you going to do and how?</p> <p>4.2.3 Exploring and articulating ethical principles and explore potential difficulties</p> <p>4.2.4 Inclusion of discussion of ethical issues as part of case discussion.</p>
WCH Corporate Goal 5	
Good Governance, Management and Accountability	
Strategy 5.4	DPM Action
Develop a comprehensive communication system that encourages effective knowledge and information management.	5.4.1 DPM will ensure effective communication with the broader Division external stakeholders and consumers

WCH Corporate Goal 6

Financial Viability

Strategy 6.1	DPM Action
Develop revenue streams to reduce reliance on the Operating Budget	<p>6.1.1 Actively promote the achievements of the DPM across the WCH and the division and where appropriate in DHS through :</p> <ul style="list-style-type: none">• promoting DPM role through Online and on the Division and Hospital Website• conducting public forums on the role of psychological medicine in a paediatric hospital <p>6.1.2 Exploring an alternative income source for DPM to provide greater independence and stability eg</p> <ul style="list-style-type: none">• exploring potential of Medicare fees to be charged• private practice for non-medical staff• payment for Family Therapy services and training• payment for legal reports