

Northern CAMHS
Division of Mental Health
www.wch.sa.gov.au



Southern CAMHS
A Community Service of
Flinders Medical Centre



FLINDERS MEDICAL CENTRE

CAMHS - Child and Adolescent Mental Health Service

Where to find us in country areas

We have a number of services located
in country areas, which you can
contact directly for an appointment.

Southern CAMHS Country Region

South East Service

19 Ferrers St, Mt Gambier 5290
Ph: 8724 7055
Fax: 8723 2610
Email: secamhs@dove.net.au

Riverland Service

Shop 4, Centre Point Mall,
12 Denny St, Berri 5343
Ph: 8582 4290
Fax: 8582 4295
Email: rivcamhs@sa.ozland.net.au

Hills Mallee Southern Service

Murray Bridge Soldiers
Memorial Hospital, Swanport Rd,
Murray Bridge 5253
Ph: 8535 6780
Fax: 8535 6788
Email: mbcamhs@1m.net.au

Kangaroo Island Visiting Service

64 Murray Street, Kingscote 5223
Ph: 8553 2037
Fax: 8553 2437

Mount Barker Service

3/2 Cameron Street,
Mount Barker 5251
Ph: 8391 3922
Fax: 8391 3304
Email: mtbcamhs@senet.com.au

Victor Harbor Service

Southern Fleurieu Health Service
Harbor View Tce, Victor Harbor 5211
Ph: 8552 0600
Fax: 8552 0616

Seaford Outreach

Southern Vales Community Health
Service, Corner Main St and Grand
Boulevard, Seaford 5169
Ph: 8326 1234
Fax: 8326 3340

Northern CAMHS Country Region

Referrals:

Ph (Client FreeCall): 1800 819 089
Agency Call: 8632 5304

Port Augusta Service

c/- Port Augusta Community Health
Service, 36 Flinders Terrace,
Port Augusta 5700
Fax: 8642 2750
Email: augusta@wch-camhs.sa.gov.au

Port Pirie Service

c/- Port Pirie Community Health
Service, Alexander Street,
Port Pirie 5540
Fax: 8633 2489
Email: pirie@wch-camhs.sa.gov.au

Port Lincoln Service

c/- Port Lincoln Community Health
Service, Ground Floor, Port Lincoln
Hospital, Port Lincoln 5606
Fax: 8682 2005
Email: lincoln@wch-camhs.sa.gov.au

Whyalla Service

c/- Whyalla Community Health Service
171 Nicholson Ave, Whyalla 5600
Fax: 8645 1113
Email: whyalla@wch-camhs.sa.gov.au

Barossa Service (and Lower North Visiting Service)

Fax: 8564 3434

Yorke Peninsula

Fax: 8633 2489

FS 41919 - 10/01

Country Community Services

Helping children and young people cope with life.



*CAMHS aims to promote positive mental health
in children, young people and their families*

CAMHS - Child and Adolescent Mental Health Service

Are you concerned about your child?

You want your children to be happy, confident, cooperative and to feel good about themselves.

However, many parents at some time worry about their children's behaviour and ability to cope.

Even everyday demands can effect the way in which our children feel or behave and at times families and children will experience a crisis or traumatic event.

If your child is having difficulty coping, you may also notice changes in their behaviour. These may include:

- not being able to make or keep friends
- conflict with parents
- being violent or aggressive towards others
- feeling sad a lot of the time
- thoughts of, or actually, harming themselves
- sleeping problems
- fears and worries
- being clingy or withdrawn
- frequent temper tantrums
- problems at school

If these problems continue for some time they can become difficult to manage or overcome.

What can you do?

Most people tell us that when they are having difficulties with their children, or are worried about them, what they want most is to be listened to and helped by caring, non-judgemental professionals.

It is probably best to talk about your concerns first:

- with close family or friends
- the school counsellor
- or your local doctor

If you are still worried then help is available through the Child and Adolescent Mental Health Services (CAMHS).

Rights and Responsibilities

If you become a client of our service you will have a number of rights and responsibilities which are set out in a separate Rights and Responsibilities Brochure.

This brochure should be provided to you along with an explanation of its contents at the time of your initial consultation with one of our workers.

There are also a number of ways that you can assist us to improve our services. Please ask one of our workers for more information about how you can participate.

What we do...

- CAMHS provides a confidential counselling service for children and young people up to 18 years of age and their families.
- Services are provided by child and family specialists including psychologists, social workers, nurses and psychiatrists who are experienced in helping children with emotional, behavioural or social difficulties.
- Services include personalised individual or family counselling appointments, groups for children or information workshops for parents / caregivers.
- There are no charges or fees for counselling services.
- Interpreter services are available if you need them.

Hours of business

Our services are generally provided between the hours of 9am and 5pm. However appointment times for counselling can be negotiated.