Your Child in Hospital

General Information

Information about visiting hours, car parking, childcare, hospital chaplains, living in, etc. is available in the WCH brochure “Information for Children and their Families”. More specific information for parents of children with a blood disorder is given below.

Children with a blood disorder primarily require outpatient treatment in McGuiness & McDermott Foundation Children’s Clinic located in the Allen Campbell Building. Inpatient treatment may also be required for children with a blood disorder. This treatment is provided in Brookman Ward, Level 2, Queen Victoria Building. There may be times when children may be cared for in another ward by the Haematology team.

Children and their parents can be taken on guided tours of the hospital before discharge. This allows time to become familiar with important areas of the hospital such as Haematology (where blood samples are taken), Brookman Ward, McGuiness & McDermott Foundation Children’s Clinic, Pharmacy, Radiology, Emergency Department and the Appliance Centre.

There is a lot for both children and their parents to learn so questions are encouraged. Parents and children with specific questions are asked to write them down so that they do not forget to ask them.

Visiting

Visiting hours for parents are open. We encourage you to spend as much time as possible with your child in hospital, as all children need the security of their family’s care and love, particularly when they are sick. If you are unable to “live in” then it is important to let your child know roughly when to expect you and to leave a message on the ward if you are late for any reason. Brothers and sisters can also be very important to the child and we encourage visiting.

It is important that parents tell their child when they are leaving and when they will be returning, otherwise the child could become anxious.
Food and drink

If parents wish they may bring in their child’s favourite food or drinks. It is important to check with the nursing staff before giving anything to your child, as their treatment might require some temporary diet restriction, or there might be a need to fast if the child is having an anaesthetic.

For the same reasons, visitors must never give food or drink to other children.

Play activities

The Play Coordinator is available Monday to Friday and works between Brookman ward and McGuiness & McDermott Foundation Children’s Clinic.

At different times the Play Coordinator will be a friend, a companion, a confidant, a playmate, an advocate, and sometimes even a father or mother figure to the children.

The Play Coordinator has games and activities that are known to all children, and so introduces familiar features into what must otherwise appear a very strange place.

The Play Coordinator tries to make hospital as much fun as possible. Children can have access to games, craftwork, books, videos, lap top computers and other play activities. Parents are encouraged to ask for games, books and activities whenever their child needs them.

The Play Coordinator is also available to work with your child if they are having difficulties with treatment procedures using medical play kits and therapeutic play, as well as diversional activities during procedures.

While the Hospital has a reasonable supply of toys and games, we encourage parents to bring their child’s favourite toys and games into the hospital. These should be clearly marked with the child’s name and kept in the bedside locker.
Brookman Ward Information

Welcome to Brookman Ward
On arrival to the ward you will be shown to your child’s room. A nurse will show you around the ward. You will be asked some questions about your child and observations of temperature, pulse, blood pressure, weight, and height will be taken. You will need to speak with a doctor prior to leaving the ward.

Room Availability
Brookman Ward is a small unit and we prioritise our patient admissions to those who require our specialised care. If your child is to have a surgical procedure they may be admitted to another ward. If your child is infectious he/she may need to be nursed in isolation on Brookman Ward or transferred to another ward. Your child may have to share a room.

Visiting
Parents and immediate family may visit at any time. Others may visit between 10am and 8pm. We ask that there be only 3 visitors at a time by the bedside. Valuables are your responsibility and should be kept with you at all times.

Living In
One parent is welcome to live in. A sofa bed is available in each room and should be positioned to enable easy access to the patient. Please assist nursing staff by trying to keep your child’s room tidy and free of clutter. Sofa beds should be folded away by 8am daily and parent linen stored in the cupboard under the hand basin.
Live-in parents may use the shower and toilet facilities in the room and may make breakfast for themselves in the Parents Room.

Parent Meals
The Café is open 7 days a week: 7.30am – 7.30pm.
The Ground Floor Kiosk is open:
8.30 – 5.00 Monday to Friday and 9.30 – 3.00 Weekends
Parents are welcome to make tea/coffee on the ward. Please take care with hot drinks. Parents may bring in food and utilise the kitchen in Parent’s Room to prepare their own meals.
Parents’ Room  
We encourage parents/carers to use this room for watching TV, sharing a meal together or just to relax away from your child’s room. Nursing staff will know where to find you if needed!  
- Parents/carers only  
- No visitors, children, doctors or nurses  
- Please tidy after use and wash your own dishes  
- Please dispose of foodstuffs on discharge  

Laundry Facilities  
A washing machine and dryer are available on the ward for use by live-in parents and patients. Please ask at the Nurses Station.  

Quiet Room  
In this room staff meet with families to discuss diagnosis, explain treatment or plan discharge. Families are welcome to use this room as a quiet haven when the need arises.  

Patients’ Kitchen  
This kitchen is for preparation/delivery of patient meals only. Parents may wish to prepare/collection their child’s meal from here.  

Please label and date all foodstuffs before placing in the fridge. All unlabelled/outdated food will be thrown out daily. Please keep the kitchen tidy.  

Play Room  
This room is for use by patients and siblings. A Play Coordinator works Monday to Friday and he/she are able to provide appropriate play activities for your child.  

Phones  
Pay phones for out-going calls are located near the Café. Incoming calls can be transferred to your room. The use of these phones enables us to keep our desk phones free and allows you to have private conversations. We ask that you do not give out direct room phone numbers to family and friends.  

Brookman Ward  
8161 7225 8161 6137  
MOBILE PHONES MUST BE TURNED OFF WITHIN THE HOSPITAL AT ALL TIMES.
Television
Every child in Brookman Ward has access to a TV, video player
and CD / Radio. They are available FREE of charge. There is
a range of videos, DVD’s and CD’s available on the ward and
appropriate videos and CD’s may be brought in.

Night- Lights
General lighting remains on until at least 8pm. It is hospital
policy to provide nightlights to ensure safety for the patients and
staff. Nightlights in Brookman ward remain on at all times.

Electrical Appliances
It is hospital policy that no electrical appliances are to be
brought into hospital. Battery operated appliances are
acceptable.

Confidentiality
It is the policy of this hospital that all patient information is
confidential; therefore staff will not provide information about
any patient in the ward other than to that patient’s parents.
McGuiness McDermott Foundation
Children’s Clinic

Welcome to Haematology/Oncology Outpatients Clinic

Reception Area/Waiting Room

On arrival to the clinic it is important to report to the reception desk. You will be greeted by the receptionist who will assist you in completing the paper work for your admission to the clinic. If your child is unwell inform the receptionist who will notify nursing staff immediately.

Quiet Room/Family Library

The family library has a range of resources such as books, videos and pamphlets for all age groups. These resources can be borrowed. If you are interested please speak to the receptionist or one of the nursing staff in clinic.

Patients’ and Parent Kitchen

Sandwiches are provided for patients requiring day treatment procedures. However parents can bring in or buy their child lunch from the cafeteria. Tea and coffee facilities are available in this kitchen. It is requested that NO hot drinks are taken out of this kitchen and into the waiting room.

Play Coordinator

A Play Coordinator works Monday to Friday in both Brookman and McGuiness & McDermott Foundation Children’s Clinic. In the clinic environment the play coordinator will set up appropriate activities for your child. The waiting area has a dedicated “Kids Corner” where both patients and siblings can play.

Phones

Pay phones for out-going calls are located in the main entrance of the hospital. Incoming calls can be transferred to the portable phone in the treatment area. The use of this phone enables us to keep our desk phones free for emergency calls.

McGuiness & McDermott Foundation Children’s Clinic
8161 7411

MOBILE PHONES MUST BE TURNED OFF IN THE CLINIC TREATMENT AREA AT ALL TIMES.
Television

Patients receiving day treatment have access to a TV free of charge. There is a range of videos, DVD’s and CD’s available in clinic.

Treatment Area

The main treatment area has 3 beds and 5 recliner chairs for patients receiving day treatments. Beds are for patients who need sedation for procedures and patients who go to theatre for general anaesthetics. On occasion if your child is very unwell they may also require a bed. The recliner chairs are for patients receiving short and long infusions such as blood transfusions.

Main Treatment Room

The main treatment room is where major procedures such as lumbar punctures are performed. Only intrathecal (into the spine) medication is given in this room. All other chemotherapy is administered in the treatment area or the second treatment room.

Treatment Room 2

This room is used for other minor interventions or procedures that may be necessary for your child. Some examples include administration of Factor, blood taking, CVC dressings, insertion of a jelco and re-taping of nasogastric tubes. These procedures are also performed in the main treatment room.

Consulting Rooms

Each doctor has their own consulting room allocated to them. At the time of your appointment your doctor will call for you in the waiting area and take you to their allocated room. In total there are 4 consulting rooms in clinic.
The School at the Children’s Hospital

Going to School

The Children’s Hospital School is a Department of Education, Training and Employment school, here at the Women’s and Children’s Hospital. The school provides a teaching service to any inpatient or outpatient, who is enrolled in a government or non-government school. We also provide a service to their brothers and sisters, who usually live in country areas, but are here for short term due to the sick child’s need for treatment or other medical reasons. No fees are charged for being at the school. Classrooms are open from 9.30 a.m. to 11.30 a.m. and 1.30 p.m. to 3.30 p.m. or at other times in special cases.

Parents are welcome to attend the school to help with the settling in process, but as space is limited, visits need to be kept short. We do encourage parents to see the time in the school as a chance to also have a break for themselves.

When your child leaves the hospital and is recovering at home, you may ask staff from the home school to prepare work for your child, to be done at home at his/her own pace. The hospital schoolteacher may also be able to assist with getting this work and providing any advice required by you or the home school staff.

Actions for parents to ensure successful re-entry to school

- Schoolwork should continue while in hospital
- Contact with friends is important
- Regular home school attendance should occur whenever possible
- Don’t expect too much
- Keep school staff informed regarding treatment and any changes
- Keep child involved and informed in all aspects of treatment/options/school re entry
- Ensure teachers modify physical education programs but involve child in as many ways as possible
- Request changes to the school day if necessary, such as part-time attendance
- Request a quiet place for rest when your child is tired
**Women’s and Children’s Hospital Map**

**Children’s Wards**
- Adolescent Ward
- Boylan Ward
- Brookman Ward
- Campbell Ward
- Day of Surgery (DOSA)
- Medical Ward
- Newland Ward
- Paediatric Intensive Care
- Rose Ward

1st Floor Good Friday Building
- 1st Floor Good Friday Building
- 2nd Floor Queen Victoria Building
- 3rd Floor Good Friday Building
- 3rd Floor Good Friday Building
- 4th Floor Good Friday Building
- 3rd Floor Good Friday Building
- 3rd Floor Clarence Reiger Building
- 2nd Floor Good Friday Building

Section 1 - Your Child in Hospital
**Children’s Departments**

- Emergency Department  
  Ground Floor Rogerson Building
- Ronald McDonald Outpatients  
  1st Floor Rogerson Building
- McGuiness & McDermott Foundation
  - Children’s Clinic  
    Campbell Building
- Renal Dialysis Unit  
  2nd Floor Good Friday Building
- Radiology Department  
  2nd Floor Rogerson Building
- Specimen Collection  
  4th Floor Clarence Reiger Building
- Appliance Centre  
  1st Floor Rogerson Building

**Other Areas**

- Café  
  2nd Floor Gilbert Building
- Enquiries and Admissions  
  Ground Floor Clarence Reiger Building
- Pharmacy  
  Ground Floor Clarence Reiger Building
- Shops- Rainbows  
  Ground Floor Clarence Reiger Building
- - Vics  
  Ground Floor Queen Victoria Building
- Social Work  
  Ground Floor Good Friday Building
- WCH School  
  Ground Floor Good Friday Building
- Physiotherapy  
  Ground Floor Good Friday Building
Services close to the Hospital

The following are just an example of some the services that are located within easy walking distance to the hospital.

Chemists:

Women’s & Children’s Hospital Dispensary
Ground floor, Rieger Building.

J. White and Sons
168 Melbourne Street

David Skull
22 O’Connell Street

Banks / Redteller:

Adelaide Bank
132 O’Connell Street (Night & Day)

ANZ
157 Melbourne Street and 37-39 O’Connell Street (Night & Day)

Westpac
56 O’Connell Street (Night & Day)

Commonwealth
85 O’Connell Street (Night & Day)

Bank SA
90 O’Connell Street (Night & Day)

National
107 O’Connell Street (Night & Day)

Redteller
Ground floor Rieger Building, WOMEN’S & CHILDREN’S HOSPITAL

Australia Post
168 Melbourne Street and 166 Tynte Street
Coffee shops and eateries:

Women's And Children's Hospital
The Café - 2nd Floor Gilbert Building
Rainbow Shop – Ground floor, Rieger Building,
The Queen Vic Coffee Shop – Ground floor Queen Victoria Building.

There are a lot of cafés, delicatessens and coffee shops located close to the hospital on both Melbourne Street and O'Connell Street.

Supermarkets:

Foodland North Adelaide Village, O'Connell Street

Medical Practitioners:

Adelaide Medical Clinic
182 Ward Street
Phone: 82673544

Valente, LJ & The, PH
58 Brougham Place
Phone: 82672518

ICGP at Women's and Children's Hospital
Ground Floor Rogerson Building
9am – 1pm
Ring Extension 16206
Contact Numbers

Women's and Children's Hospital  8161 7000
Appliance Centre  8161 6233
Brookman Ward  8161 7225
  8161 6137
Dietitians  8161 7233
McGuiness & McDermott Foundation Children's Clinic
(Haematology/Oncology clinic)  81617411
Pharmacy Dispensary  8161 6118
Psychology Services  8161 7227
Social Workers  8161 7381
Women's & Children's Hospital School  8161 7262