

Paediatric Rehabilitation Inpatient Service

Who is in the Rehabilitation Team?



Rehabilitation Specialists, Medical and Nursing Staff, Physiotherapist, Occupational Therapist, Speech Pathologist, Therapy Assistant, Social Worker, Psychologist and Orthotist, Family Members are also an integral part of the team.

For more information

**Paediatric Rehabilitation Service
(08) 8161 7367**

Non-English speaking: for information in languages other than English, call the interpreting and Translating Centre and ask them to call The Department of Health. This service is available at no cost to you, contact (08) 8226 1990.

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Information for Families

The Rehabilitation Inpatient Service provides rehabilitation (“rehab”) to children and young people who are admitted to the Women’s and Children’s Hospital.

Following a major injury, illness or medical procedure many of our patients may have problems with mobility, self care, communication or thinking.

Rehabilitation can help patients to achieve their highest level of independence. Almost all children and young people respond to rehabilitation in a positive way.

We aim to achieve the best outcome for each child or young person within the limits of their injury or illness so they can make the most of their participation in activities at home, school and within their community.

We work together with medical and surgical teams, and ward nursing staff to provide complete care for each patient, in partnership with families at all times.

When does Rehabilitation start?

Rehabilitation may begin while a child or young person is still very unwell. Sometimes they may still be in Intensive Care, but able to follow simple instructions. At this time the aim will be to assess each child’s needs, and provide treatment, in order to help them to maintain their abilities.

What is Rehabilitation?

The focus for the Rehabilitation Team, in partnership with the family, is on rebuilding skills using everyday activities as a basis for therapy. We work with children and young people to help them regain and maintain the skills they will need to reach their full potential: mobility, self care, daily activities, communication and thinking.

How is Rehabilitation managed?

A new rehabilitation program is planned and written up weekly according to the goals and progress of each individual child or young person.

Active participation of the family within in the Rehabilitation Team is critical and provides valuable insight into the child or young person’s progress and how they are coping.

An important part of the rehabilitation program is moving out of the hospital environment. This may start with a visit to a nearby park and increase to a few hours at home, building to weekends as progress is made.

Family meetings are held regularly to set goals and review progress. As rehabilitation evolves, schools and community agencies may also be involved in these meetings to help with discharge planning.

