

Appendix A: Statistics for Ante Natal groups.

Ante natal classes/groups focusing on Fatherhood/early parenting			
Women's & Children's Hospital	The Queen Elizabeth Hospital	Lyell McEwin Hospital	Total
Number of attendees 55	Number of attendees 212	Number of attendees 28	281
Number of Groups held: 4	Number of Groups held: 15	Number of Groups held: 2	21

Agencies involved in the delivery of service:

Adelaide Women's and Children's Hospital: Venue, co facilitator, referral, promotion, advertising
 The Queen Elizabeth Hospital: Venue, co facilitator, referral, promotion.
 Lyell McEwin Hospital: Referral, promotion.
 Relationships Australia (SA) Inc: Facilitator, co facilitator, admin, promotion, referral, research

Appendix B: Statistics for Community based groups.

<u>Kilburn Community Centre</u>	<u>Bagster Community House</u>	<u>NACYS</u>	<u>Para West Adult Campus</u>	<u>Total</u>
Number of attendees 52	Number of attendees 54	No. of Attendees 14	Number of attendees 12	132
Number of Groups held: 6	Number of groups Held 6	No of Groups Held 4	Number of groups held 2	17
Number of self referrals 31	Number of self referrals 30	Number of self referrals 12	Number of self referrals 8	81
Number of agency referrals 21	Number of agency referrals 24	Number of agency referrals 2	Number of agency referrals 4	51

Total number of children of group attendees:	= 367
Age range of children	= 0 to 21
Age range of Fathers attending groups	= 15 to 56
Age range of Fathers attending groups	= 22
Total number of Agencies that received flyers.	= 84

Agencies Involved in the delivery of service:

Venue Provision	Co-facilitator Provision	Funding Support
Kilburn Community Centre Bagster Community House Northern Area Community Youth Service (NACYS) Pare West Adult Campus	Anglicare Central Anglicare Elizabeth Northern Area Community Youth Service (NACYS) The Queen Elizabeth Community Child Care Centre Woodville Gardens Preschool Family Reach Out Program Monash University (Student Placement) University of South Australia (Student Placement) Reconnect	Family and Youth Services Enfield Playford Council Parenting Network Kilburn/Blair Athol Community Action Group

Comments from men who have attended a Fatherhood group:

“I would recommend this course to fathers who would like to change their attitude towards their partners and children and to learn about understanding others and ourselves”.

“I have learned that other Fathers have problems as well, I am not alone, and I am not doing such a bad job as a dad”.

“I have learned that I need to understand my child’s needs better, I need to be a more understanding parent”.

“My Father’s actions affected the person that I am now, I need to be a positive role model and focus on my child’s needs”.

“Children often mimic our own behaviours (modelling)but we don’t always recognise it. Taking things in small steps with kids”.

“I have learned that many of the mistakes made in my own upbringing do not have to be passed on to my own children”.

“It was great to listen to the experiences of other men and to feel a part of a group of dads”.

“I was amazed that the age differences of the men in the group didn’t cause any problems, I am 17 and there were guys who were over 40 and there was still respect for everyone”.

Other Community Based Parenting groups

Agency where parenting talk delivered	Number of Attendees
Salisbury East Primary School	13
Elizabeth Vale Community Centre	10
Ridley Grove Preschool	8
Elizabeth Grove Primary School	16
Pooraka Neighbourhood House	14
Salisbury Nth Primary	12
Elizabeth Vale Primary	16
Salisbury East Neighbourhood House	10
St Patricks Primary	9
Challah Gardens Primary	12
Ingle Farm Community Centre	13
Manna Farm Kindy	19
Swallowcliffe Primary	7
Total	159
Agencies Involved in Collaborative Delivery of Parenting Course	
Vietnamese Association	
Northern Parenting Resource Program	
Above schools and community centres	

Appendix C: Statistics For Activities in Early Childhood Services

Activities/Groups in Early Childhood Services				
Woodville West Kindy	Lady Gowrie Child Care Centre	TQEH Child Care Centre	Woodville Gardens Preschool	Athol Park Child Care
<i>Dads and Kids Kindy Nights</i>	<i>Fathers Group Sessions</i>	<i>Fathers Group Sessions</i>	<i>Parent Education</i>	<i>Father/Child activities</i>
Number of Sessions 2	Number of Sessions 8	Number of Sessions 8	Number of Sessions 1	Number of Sessions 1
Number of Dads 48	Number of Dads 79	Number of Dads 48	Number of Dads 5	Number of Dads 9
Number of Children 56				Number of Children 16

Agencies involved in the delivery of service

These agencies provided venue, catering, and co facilitators.

- ◆ Woodville West Kindy
- ◆ Lady Gowrie Child Care Centre
- ◆ TQEH Child Care Centre
- ◆ Woodville Gardens Preschool
- ◆ Athol Park Child Family Centre

Appendix D: Statistics on regular community events.

Community Events	
<i>Doin' the Dad Thing (Dad's and kids fun day)</i>	
Agencies Involved	Service provided
Fatherhood Support Project	Facilitation, coordination, promotion, showcase services, funding, admin.
Family Links (West)	Funding for food and drinks, facilitation, promotion, prizes, evaluation.
Ridley Grove Primary School	Venue, Staff, admin, banner, promotion.
Ridley Grove Preschool	Referral
Athol Park Child Family Centre	Staff, art workshop, materials, promotion.
CHEC	Staff, facilitator, coordination of activities, funding.
South Australian Housing Trust	Funds.
Child Adolescent Mental Health	Showcase services available to families.
Parenting Network	Showcase services available to families.
Parks Sports Complex	Sports demonstrations, sports materials, free swimming passes.
Anglicare	Showcase services available to families.
S.A. Police Dept (Parks)	Community development, safety information.
Local Sports	Demonstrations, Karate, Tae Kwon do,
Cirkids	Demonstrations of circus skills
Junction Community Centre	Dance demonstrations
Westwood	Funding
Other local primary schools	Promotion
Lions	BBQ, Staff.

Attachment for Appendix D: **Statistics on regular community events.**

Doing the Dad Thing

Evaluation

24 November 2002

1. Objectives

1.1 Stakeholders

- **Care Health Education & Community Project** based at Woodville Gardens Preschool and Ridley Grove R-7
Facilitator: Rosalind Jamieson
- **The Fatherhood Project** based at Parenting Network
Coordinator: Steve Sheehy
- **Athol Park Child & Family Centre**
Manager: Cathy Leane
- **Family Links** based at the City of Charles Sturt
Officer: Kerry Blackmore
- **Community Members** in the catchment areas of Woodville North, Woodville Gardens, Ferryden Park and Athol Park

1.2 Target Group and Rationale

- Males in a parenting and care giving role within the family.

1.3 Venue and Promotion

- Doing the Dad Thing was held at Ridley Grove R- 7 School, Woodville North
- 1200 'Doing the Dad Thing' pamphlets distributed in 'Athol Park News'.
- The event was promoted at Challa Gardens Primary, Mansfield Park Primary, Ridley Grove R – 7, seven children's services and 18 agencies.
- CHEC Facilitator conducted visits to the 3 Primary Schools and promoted the event with children in their classroom setting.

1.4 Program

The program from 12.00 – 3.00pm on Sunday 24th November included:

Demonstrations	Activities to try	Free
<ul style="list-style-type: none"> • Karate x 3 • Table Tennis x 2 • Tal Kin Jeri Dance Group • Junction Community Centre Dance Group 	<ul style="list-style-type: none"> • Karate • Soccer • Basketball • Badminton • Table Tennis • Netball • Face Painting • Play dough & Painting • Puppetry • Circus Tricks • Finger I.D Printing 	<ul style="list-style-type: none"> • Fresh Fruit • Bottled water • Fruit Juice • Sausage Sizzle • Raffle Prizes x 6

2. Budget

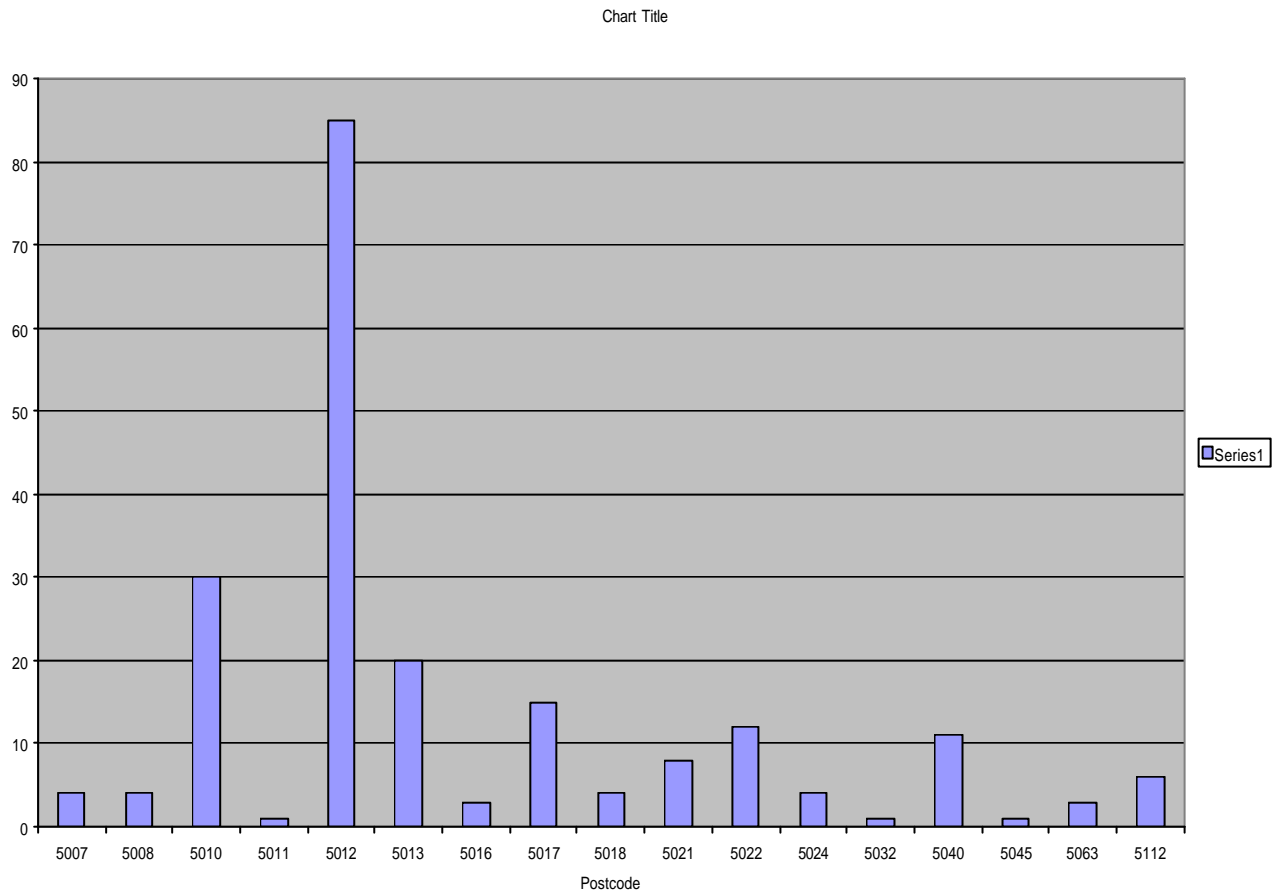
2.1 Expenditure, Volunteer and In Kind Support

Activity/Resource	Funded by	Cost	In Kind
Venue	Ridley Grove R- 7		00.
Community Banners	Westwood		00.
Parenting Network			00.
CAMHS			00.
SAHT – The Parks			00.
Port Adelaide Police			00.
Face Painting	Athol Park CFC	50	
Parks Community Centre			00.
West lakes Seaton Lions Club	Athol Park CFC	50	
Tal Kin Jeri Dance Group			00.
Doing the Dad Thing Guides	Ridley Grove R- 7 Students		00.
Vietnamese Friendship Table Tennis Club			00.
6 x Raffle Prizes	Family Links	145	
Sausage Sizzle	Family Links	90	
Bottled Water/Fruit Juice	Family Links	250	
Fresh Fruit/Bread	Family Links	73	
Ice	Fatherhood Project	7	
Cirkidz	CHEC	290	
Junction Community Centre Dance Group			00.
Kids Club Karate			00.
Marque (Westwood)		475	
Finger Painting Activities	Athol Park CFC		00.
	TOTAL	\$1430	

3. Outcomes

3.1 Data Collection

Data was collected from the raffle tickets. One ticket per person with their postcode tallied on the stubs.



- 5007 – Bowden, Brompton, Hindmarsh, Hindmarsh West, Welland
- 5008 – Croydon, Croydon Park, Renown Park, Ridleyton
- 5010 – Angle Park, Ferryden Park, Regency Park
- 5011 – Woodville, Woodville Park, Woodville West
- 5012 – Athol Park, Woodville Gardens, Woodville South
- 5013 – Gillman, Ottoway, Rosewater
- 5016 – Largs Bay, Largs North
- 5017 – Osborne, Taperoo
- 5018 – North Haven
- 5021 – West Lakes
- 5022 – Grange, Henley Beach South
- 5024 – Fulham Gardens
- 5032 – Brooklyn Park, Lockleys, Underdale
- 5040 – Novar Gardens
- 5045 – Glenelg, Glenelg East, Glenelg North, Glenelg South
- 5063 – Frewville, Fullarton, Highgate, Parkside
- 5112 – Elizabeth, Elizabeth East, Elizabeth Grove, Elizabeth South, Elizabeth Vale, Hillbank

4. Feedback

4.1 Agency Feedback

- Local agencies felt that the day was a success and in particular, mentioned the benefits of the event being local and community focussed.
- This highlighted community services such as Anglicare, Parks Sport and the Summer Holiday Program
- The 'activity' based event was important for engaging families.
- Free barbeque, fresh fruit and drinks were important for local families, and greatly appreciated.
- Raffle provided statistics and encouraged families to stay for the whole event.
- Marquee 'value added' to the venue.
- Dad's responded to the venue as familiar, local and easy to get to.
- Dad's being out with their children is a valuable experience for' kids and dads'
- Clubs that provided demonstrations worked well – Cirkids, Karate, sports and Junction Community Centre Dance Group.
- Some people spoke to Steve because they knew him or remembered him.
- Lions Club was fantastic – many volunteers and support personal with excellent community spirit of communication and engagement.
- Families stayed – even though it rained.
- Most families indicated that they would be happy to come again.
- Parent involvement – Belinda assisted Cathy Leane with Painting activities.
- The use of excellent facilities at the school was free – these included the oval, resource centre, sports centre, Public Address System. Sports equipment tables, chairs, sports mats, board games.
- Local resident 'Betsy' was an active participant in the day, a colourful character who was obviously delighted to participate in community activity and social capital.
- Four staff members from Ridley Grove and Woodville Garden Preschool attended.
- Need to keep a low key within the immediate community – without local members of parliament.
- Steve Sheehy connected with 43 dads and gave pamphlets about the Fatherhood Project, and opportunities to talk about the Dad's Groups and hand out pamphlets.
- There were positive interactions through this style of informal social engagement.
- Dads' came with children who attend schools other than Ridley Grove.

4.2 Community Feedback

- "Good to get out of the house and do something different' (Family of 7)
- Many families expressed desire for us to do something similar again – soon.
- People seemed to stay until the end.
- One family noted that it was unusual for the dad to stay a length of time – they stayed for 2 hours, and enjoyed interacting with children.
- Lorraine (Lions Club, who also volunteers with Fred's Van) recognised a number of children and connected well with families.
- A few parents expressed their interest in organising the next event.

4.3 Barriers

- Hard to calculate if male caregivers connected with each other... this may be more evident in workshop format.
- A few children came without parents, parent involvement is a must. This group of children (age range of 8 – 13 years) were on bikes and stayed at the school after the event was finished.
- Would like to see more staff from the school actively involved.
- Inclement weather. Although a very warm and humid day the rain fell consistently and appeared not to deter families from attending.
- The day clashed with other local events ie: local footy club family day and morning tea at Ferryden Park Primary.
- Not all families identified with the dad focus – fliers should be clear who the target group is.
- Need more time to organise the event.
- Use the skills of volunteer parents and SSO for admin work.

5. Future Directions

- Advertise in Messenger Community Notice board.
- Fliers to be clear who the target group is.
- Have materials for sale ie: Kite Kits, Hacki Balls.
- Show bag with information from agencies.
- Sponsorship from Milo (Nestle), Subway – to keep food costs down.
- Parents involved in the organisation of the next 'Day'.
- Need workshop style activities so dads connect with each other?
- Get other projects' involvement ie: Spirit of the West with an art focus.
- Mathew Ives (Parks Art and Culture) had heard how good the day went and would like to work in collaboration next time.
- Themes for future 'Days' including: arts or music.
- Needs 'hands on' activities that parents can then do at home with their children?
- Focus on activities that are low cost.
- Some events that do not include children.
- Activity packs for sale i.e.: kite kits.
- Conduct a 'Skills Audit' of people who attend (simple and thematic).
- We now have a baseline figure to work from.
- Move away from the 'welfare model'.
- Promote other activities ie: Cycling Club, Bike Shed, Nunga IT.
- Provide information on ie; Behaviour Management/ support groups for children with specific needs.
- Canvas potential funds earlier in planning process.
- More workshops making hacki balls, kite making, toys from junk material.
- Include St Patrick's to promote event and Ferryden Park.

Appendix E: Promotional material produced.

Promotional material produced.		
Posters	Flyers and Pamphlets/stationary	Group Resources
Becoming a Father Poster	Kilburn Flyer	Fatherhood group work Manual
Being a Dad	Bagster Flyer	Weekly Handouts on group content
The Fatherhood Project	NACYS Flyer	
Digital version of poster images (CD)	Para West Adult Campus Flyer	
Photos of Dads and Kids and Digital version of images (CD)	'Doin' the dad thing' flyer	
	Kite making workshop flyer	
	Business card	

Additional Promotion and assessment tools:

- Survey of existing agencies
- Feedback of agency survey

Appendix F: Training of Professionals to Work with Fathers

Agency	Community Based Groups	No. trained	Ante Natal (Hospital Based)	No. of professionals
Anglicare	Training of co facilitators	3		
TQEH Child Care Centre	Training of co facilitators	1		
Woodville Gardens Preschool	Training of co facilitators	1		
Reconnect	Training of co facilitators	1		
Social Work Students	Training of co facilitators	2		
Family Reach out Program	Training of co facilitators	2		
Relationships Australia (SA) Inc			Facilitator (no training required)	1
Women's and Children's Hospital			Facilitator (no training required)	1
The Queen Elizabeth Hospital			Facilitator (no training required)	1
Lyell McEwin Hospital			Facilitator (no training required)	1

Appendix G: Communication Strategies for provision of Information to Fathers

Pamphlets/ posters/flyers	Media Exposure	Newsletters/community Advertising	Presentations
Becoming a Father Poster (A2)	Weekly Times Ad (6 ads)	Parenting Network Newsletter	Flinders Uni (Social Work Stud)
Being a Dad (A2)	News Review Ad (7 ads)	Kilburn Community Newsletter	Uni SA (Midwifery Students)
Fatherhood Project Flyer	Messenger (News Review) editorial/photo.	Lady Gowrie Newsletter	Child Care AGM's
Kilburn Flyer	Sunday Mail Article/photo	Child Care Centre Newsletters	Women's & Children's Hosp Public Seminar
Bagster Flyer	Adelaide Radio Interview (30 Minutes)	Primary School Newsletters	Shine SA
Para West Adult Campus Flyer	National Early Childhood Ed Mag Article		
Business card	Kids in Adelaide Advertisement		
	Hawksbury Park Community Mag Article		
	Parenting S.A. Web site		
	Child & Youth Health Web site		
	Men's Info and Support Service		