



My trip to the Emergency Department at the Women's and Children's Hospital

Created and designed by Monique Anninos
Nursing Service Director, Paediatric Emergency Department



Working with the community to make a positive difference in the lives of SA's sick kids and their families at the Women's and Children's Hospital.

TeamKids is the face of the Women's & Children's Hospital Foundation, raising money to support the work of our iconic Women's and Children's Hospital. As our state's only dedicated specialist children's hospital and largest maternity and obstetric service, it holds a very special place in the hearts of many SA families.

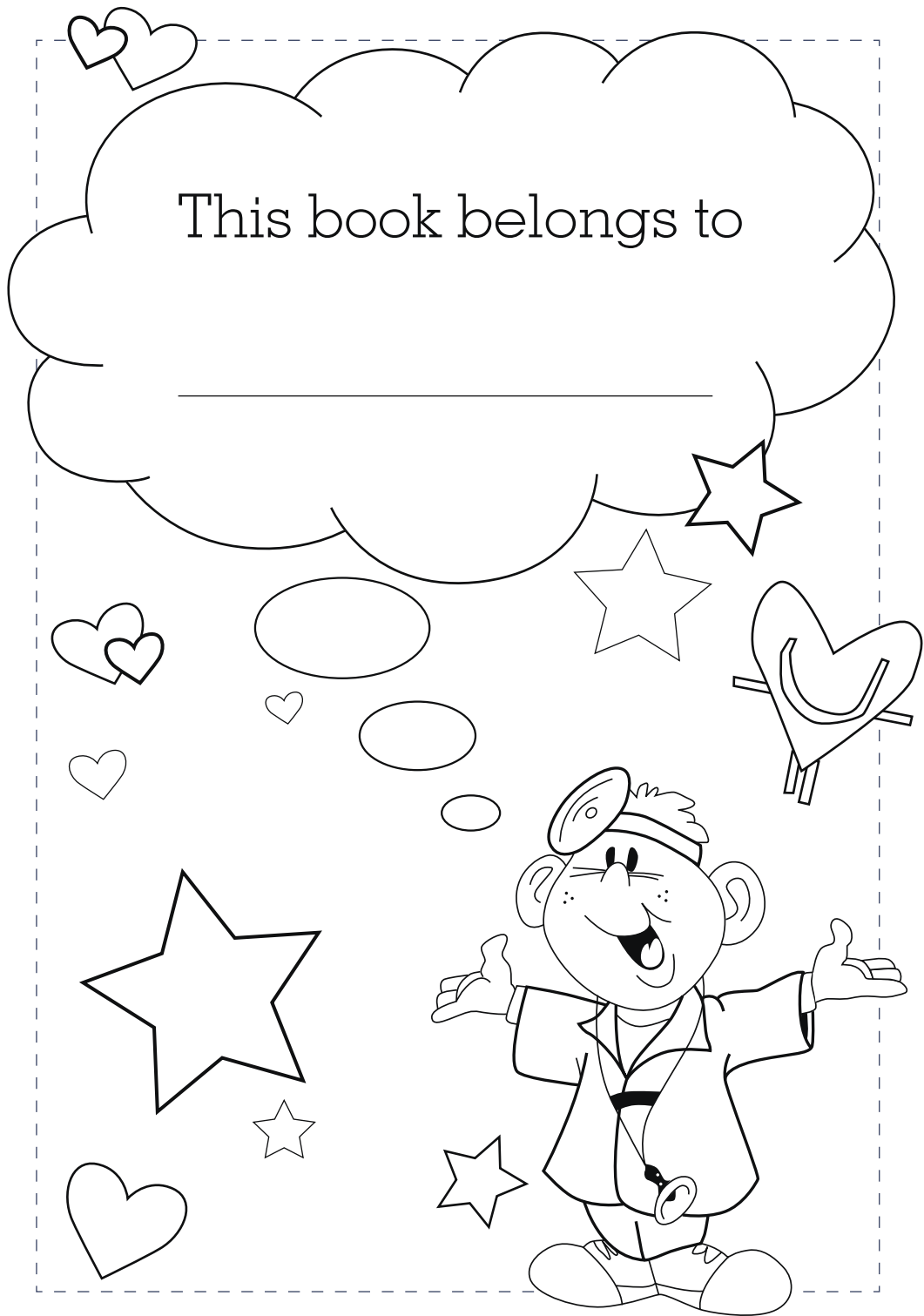
We are committed to help ensure mums, children and their families have access to the very best medical care, hospital facilities and support services at a time when they need it most.

For young patients, the Hospital can become their home, their school, their play space and their community. Simple things like colouring-in can help reduce anxiety, relax their body and give them a little 'escape' from their pain, encouraging them to be creative and inventive. It's the little things that can make a big difference in a child's day!

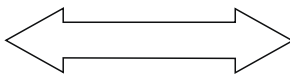
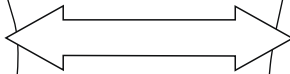
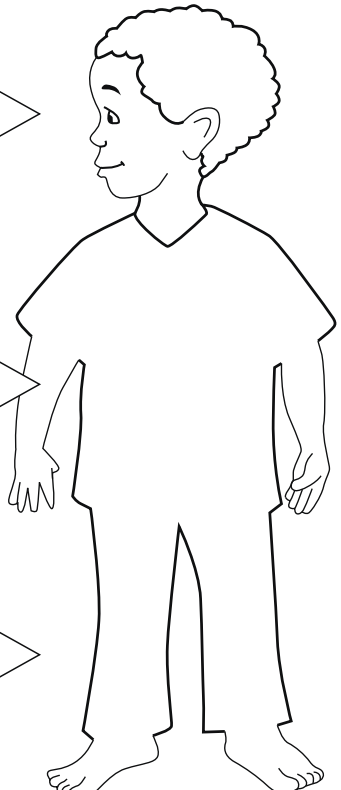
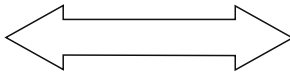
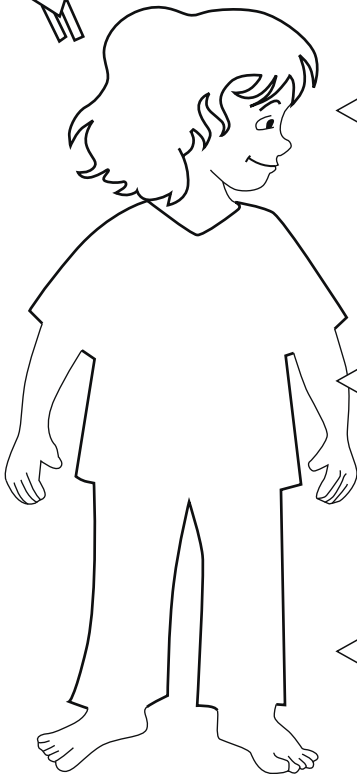
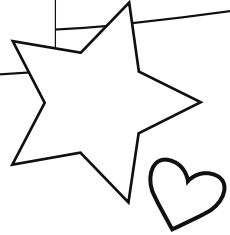
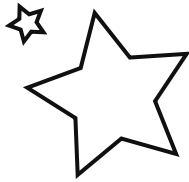
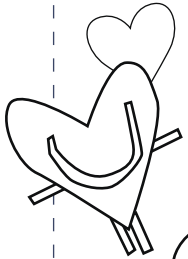
Join the team on social media and post your artwork, tagging [teamkidssa](#) and using [#colourforkids](#) so we can see your fabulous creations!

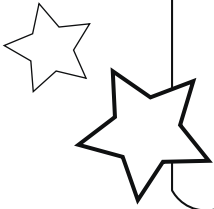
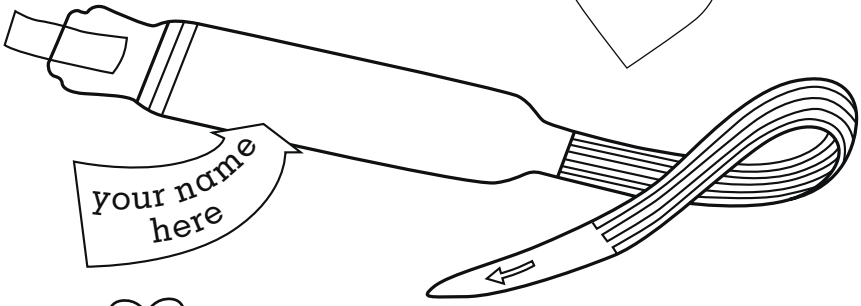
To find out more about TeamKids or to make a donation, visit teamkids.com.au

This book belongs to

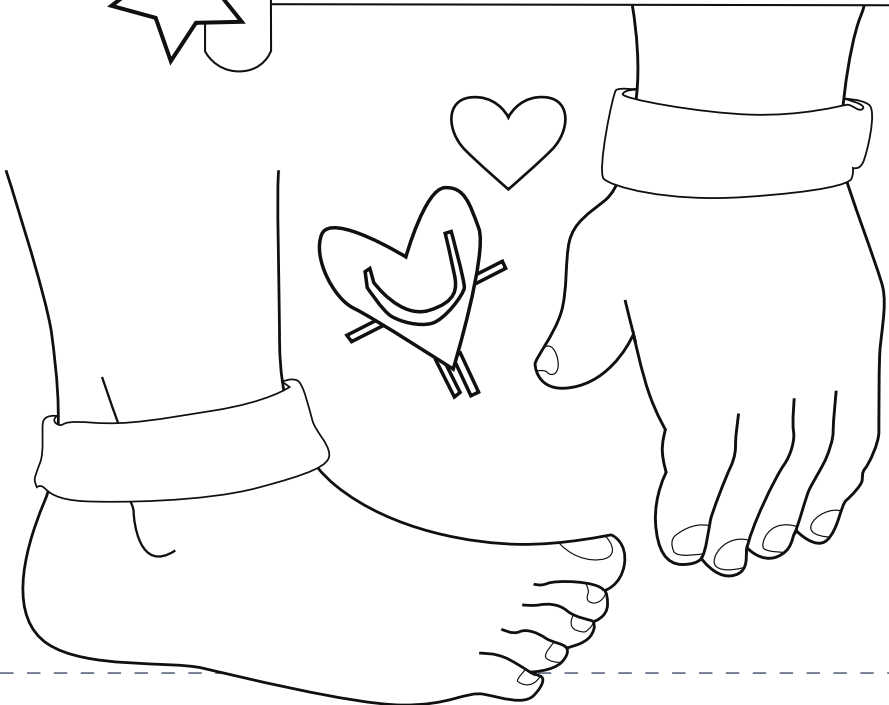


What part of you needs
to get better, needs help
to get stronger or needs
to be fixed?





When you come to the Emergency Department you will have a name band put on your hand or your foot. This name band must stay on until you go home.



When you come to the Emergency Department the nurse will need to know...

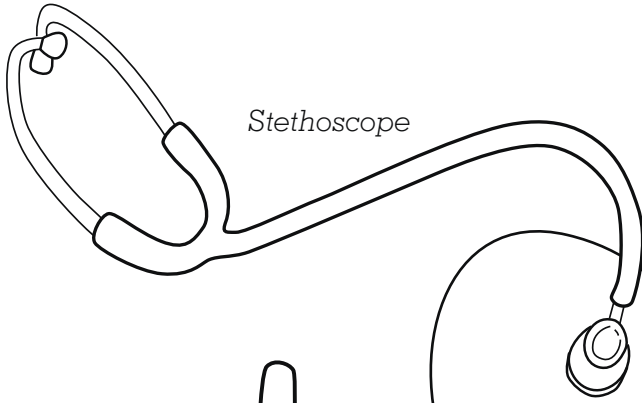


Scale



How much you weigh...

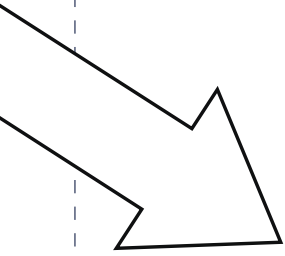




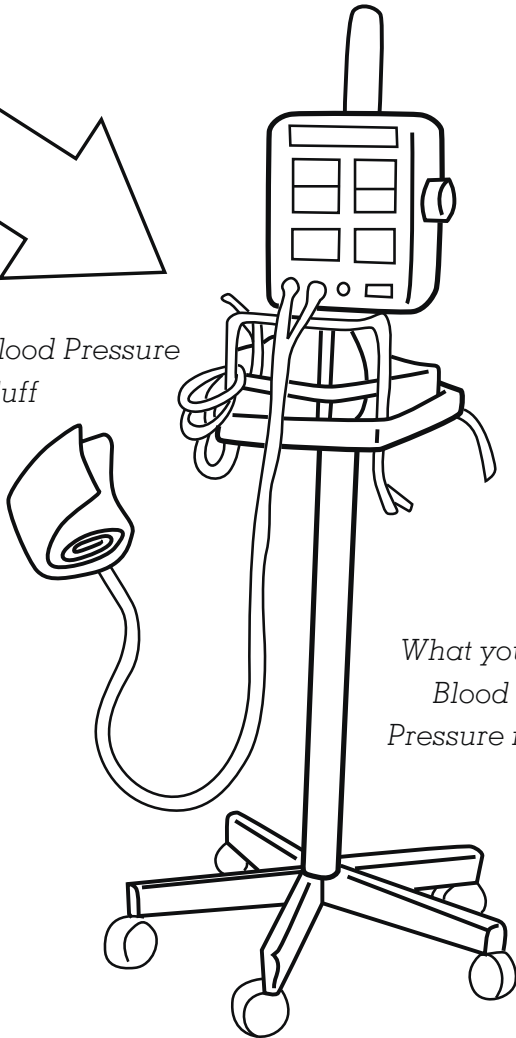
Stethoscope



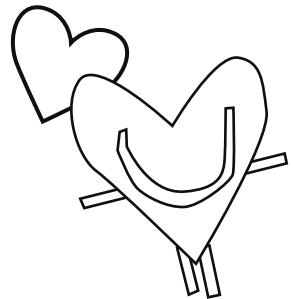
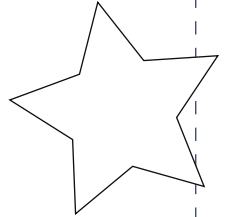
*What your heart sounds
like and what it sounds
like when you breathe...*



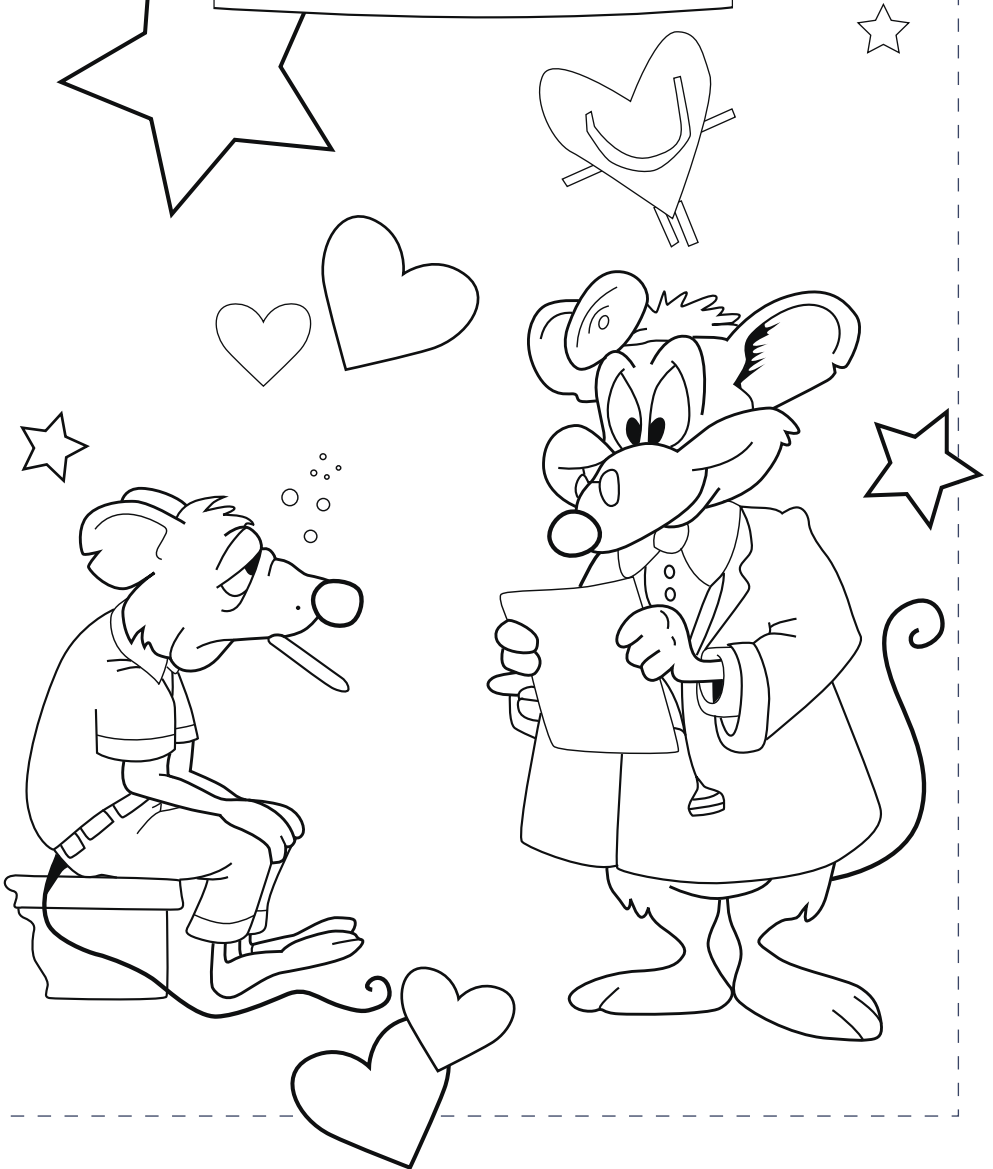
Blood Pressure
Cuff

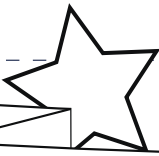


*What your
Blood
Pressure is...*

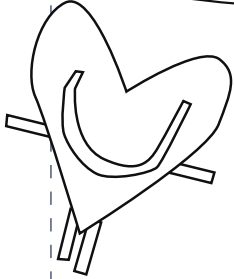


Some children come
to the hospital because
they need medicine to
get better.

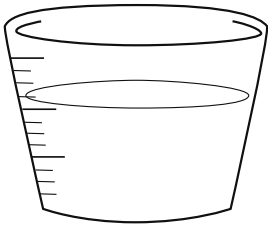




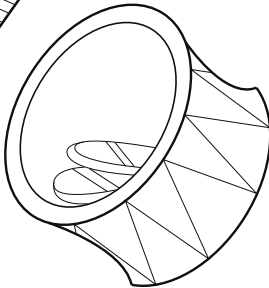
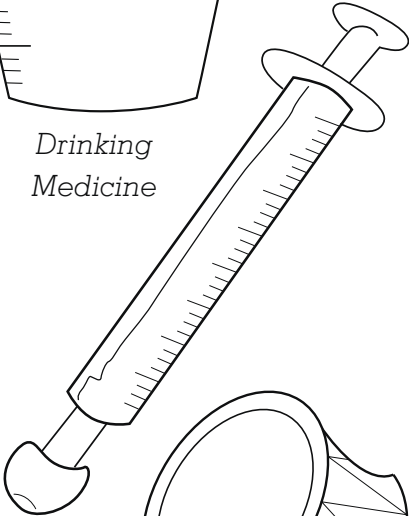
Medicine can be taken
in lots of different ways.
Here are some ways
we can give you your
medicine.



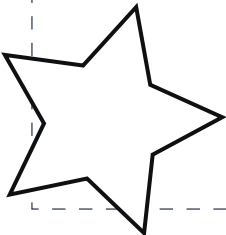
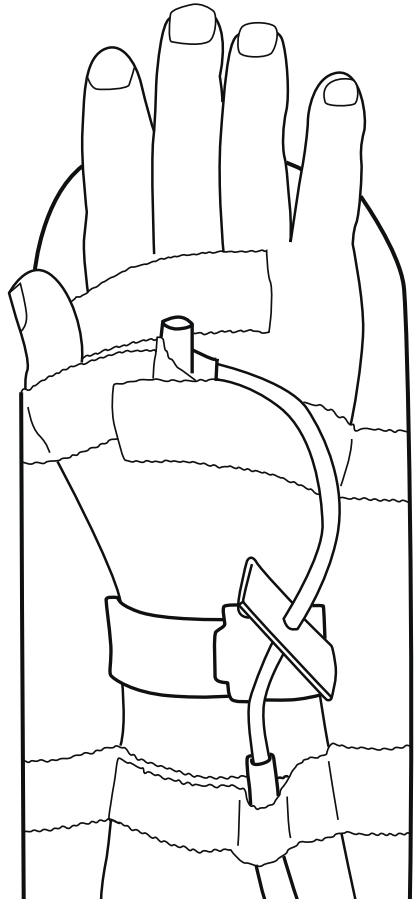
Intravenous Medicine



*Drinking
Medicine*



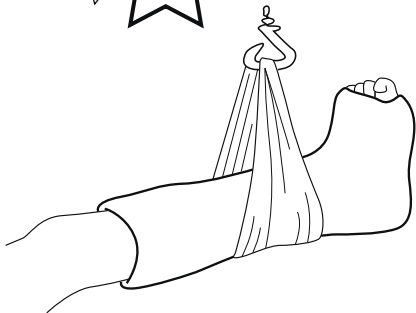
Tablets



Some children come to hospital because they've hurt themselves and need fixing up.

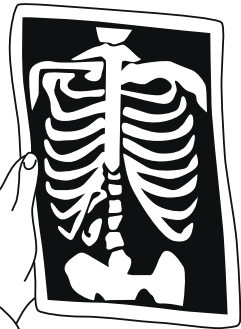


Can you match up the words with the pictures?

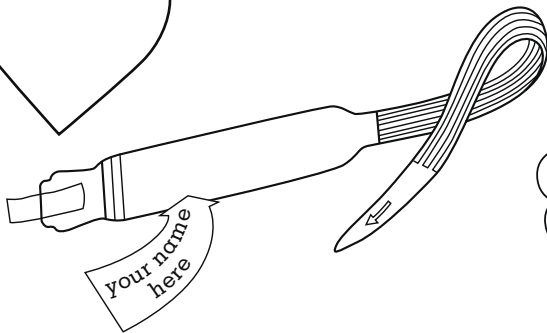
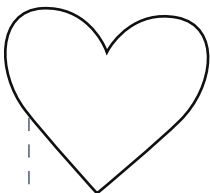


Name Band

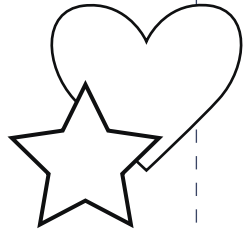
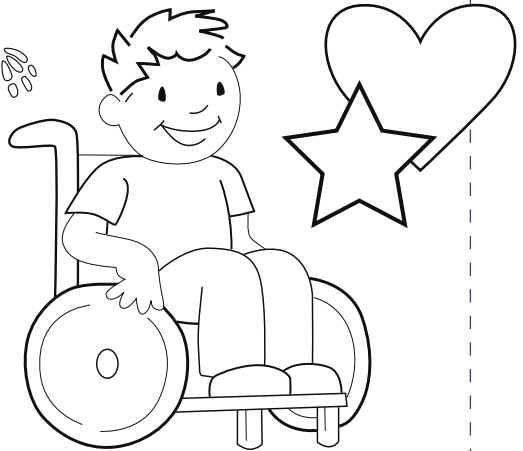
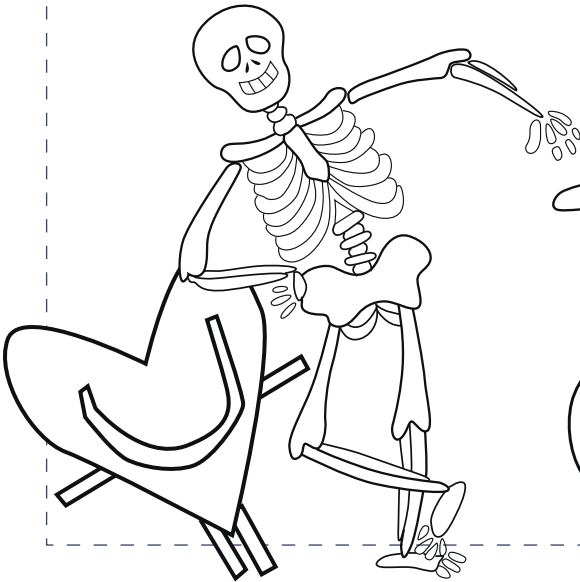
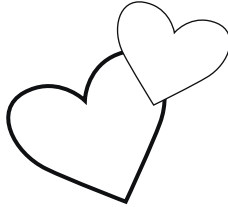
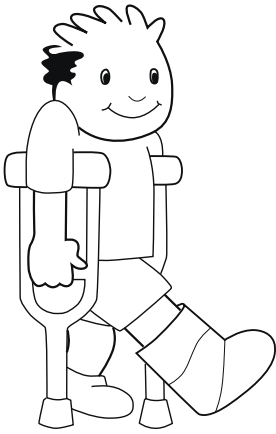
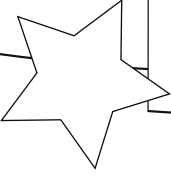
Broken Foot



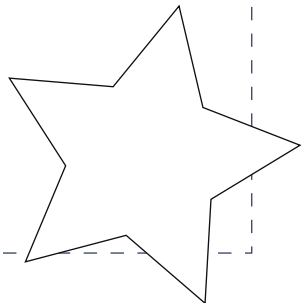
X-Ray



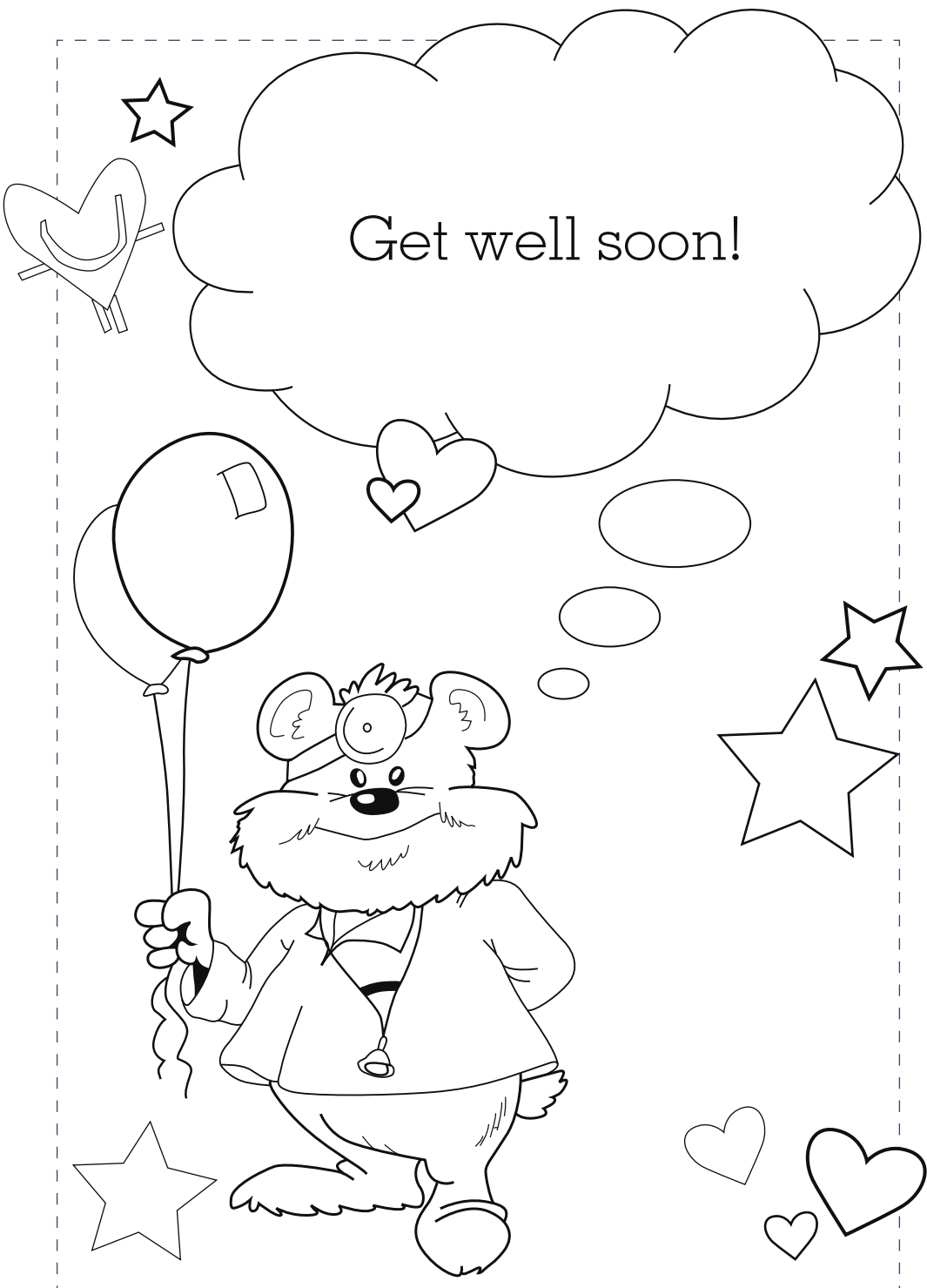
Here are some more
pictures for you to
colour in...



Now it's your turn
to draw a picture...



Get well soon!



Women's and Children's Health Network

ph (08) 8161 7000

www.wch.sa.gov.au

Lauren Mullinder, www.laurenmullinder.com

