

# Changes to Child and Adolescent Mental Health Services (CAMHS)

You may have heard that we're making some changes to CAMHS.

We want to provide a mental health service that better meets your needs, which means we may need to change how we deliver some services.

## What does this mean for me and my family?

For some families, the clinician you and/or your child sees may change. For most families, there may be no changes at all.

There is nothing you need to do. If any of these changes affect you or your family, we will let you know ahead of time and will prepare with you.

If you have any questions about your service, you can:



Speak to your clinician



Speak to another CAMHS staff member who you feel comfortable with



Phone your local CAMHS site



Visit the website for more information [www.wch.sa.gov.au/CAMHSischanging](http://www.wch.sa.gov.au/CAMHSischanging)



Email [CAMHSresources@sa.gov.au](mailto:CAMHSresources@sa.gov.au)

## What has changed?

As part of the CAMHS Redesign, we have:

- > Changed the organisational structure of CAMHS to improve access to multi disciplinary services and ensure all consumers benefit from access to multi-disciplinary perspectives in the care they receive.
- > Created new services, including '[CAMHS Connect](#)', a new single phone line to make it easier for consumers and key partners to access CAMHS. Phone 1300 2 CAMHS (1300 222 647).
- > Employed more Aboriginal workers and spread positions more equitably across the service, to provide culturally appropriate care.
- > Changed the way that speech pathology and eating disorder services are delivered so that they are accessible to more children and young people who could benefit.

## Why are these changes happening?

We recently reviewed our services and looked at ways to provide better care. We then worked with consumers, carers, staff, unions and key partners to develop a new organisational structure and model of care.





The changes are providing CAMHS clients with:

- > Easier access to a broader range of mental health services at one site or through your clinician.
- > Access to the same services across the state, regardless of where you live.
- > Better access to specialised services, including eating disorder, forensic and speech pathology services.

## When will the changes happen?

Whilst most of the changes are fully completed or close to completion, there will be continuing work to review and refine the changes.

We will continue to keep you updated about any further service changes that may affect you well before it happens and welcome any feedback as we move forward.

## How can I provide feedback?

We always welcome feedback from clients and families and would appreciate any feedback on how the changes are being implemented, or how they are affecting you. You can provide feedback at any time by contacting [CAMHSresources@sa.gov.au](mailto:CAMHSresources@sa.gov.au)

In addition, you can also provide feedback to or participate in ELECT, the consumer advisory group for CAMHS. ELECT is the 'voice' of parents, carers and consumers who come to CAMHS. We are a safe and supportive space for you to provide feedback and share ideas.

For more information about ELECT, visit [www.wch.sa.gov.au/elect](http://www.wch.sa.gov.au/elect)

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## For more information

**Child and Adolescent Mental Health Services (CAMHS)**

**Women's and Children's Health Network**

**Email: [CAMHSresources@sa.gov.au](mailto:CAMHSresources@sa.gov.au)**

**[www.sahealth.sa.gov.au](http://www.sahealth.sa.gov.au)**

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